

If you are aged 50+ and would you like to be warmer and wiser about energy, we are here to help.



What we can do:

- Fit **FREE** energy saving measures such as draught excluders, timers and light bulbs*
- Advice on how to reduce your energy usage & bills
- Advise you on how to maintain a healthy temperature at home
- Maximise your income through benefits checks
- Provide energy saving tips, information & signposting

Support is available through home visits or via telephone.

*subject to availability

Find out more by contacting our friendly team:

t: **0115 8599 209**

e: **warmandwise@ageuknotts.org.uk**

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